



Corporate
Coach Group
Training that transforms

This is to certify that

Theresa

has successfully completed
Webinar: R.A.P.I.D. Self-Esteem and Confidence

Attended May 2022

This programme covers:

- Mental health foundations
- Understanding genuine self-esteem and self-confidence
- Why not to project a fake identity
- How not to fake self-esteem
- Learn the R.A.P.I.D. method
- Develop genuine self-esteem and self-confidence

Presented by: Mr. Christopher Farmer, Managing Director, Corporate Coach Group

(1 CPD hours)



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